



AUGUST SUPPORT GROUPS

Mark Your Calendar!

August 9th, 6:30pm-7:30pm

Let's Talk: Parent Support Group



Parent Support Group for caregivers of children with a variety of special needs, especially, behavioral, emotional and mental health challenges. We provide a supportive environment where parents help parents learn new strategies to effect positive change in their families and create long lasting relationships. Meeting ID 933 460 25051

Let's Talk Zoom Link

August 11th, 6:30pm-8:00pm

Better Together Dads Support Group



Fathers play a large role in their children's development. Our goal is to educate, equip and empower parents to become effective advocates for their children and to develop the parenting, coping and resilience skills needed to have a happy, healthy and successful family. This Support Group for Dads is a safe place to connect with other passionate dads to learn innovative approaches to parenting while building on their strengths and supporting them as needed.

Join us the second and fourth Thursday from 6:30pm to 8pm as we participate in the online learning experience.

Meeting ID 338 210 7044

Better Together Dads Zoom Link

August 16th, 7:00pm-8:00pm

Nutriendo el Corazón



Nurtured Heart Approach in Spanish

This group is a space for parents and guardians to connect and address their concerns, questions, and feelings about raising a child with a variety of special needs, especially, behavioral, emotional and mental health challenges.

FSOEC works closely with community partners to identify and link individuals and their families to appropriate community resources. We provide a supportive environment where parents help parents learn new strategies to effect positive change in their families and create long lasting relationships.

En español

Este grupo de apoyo es con la finalidad de proveer un espacio donde los padres se puedan conectar y puedan abordar sus preocupaciones, preguntas y sentimientos que sentimos cuando estamos criando un hijo(a) con necesidades especiales. Especialmente, desafíos conductuales, emocionales y de salud mental.

FSOEC trabaja en estrecha colaboración con personas de nuestra comunidad para identificar y vincular a los padres como usted y sus familias con los recursos apropiados en sus comunidades. Durante este grupo de apoyo, usted encontrara un ambiente de apoyo, donde los padres ayudan a los padres y juntos aprenden nuevas estrategias para lograr un cambio positivo en sus familias y crear relaciones duraderas.

[Nutriendo el Corazón Zoom Link](#)

August 23rd, 6:30pm-7:30pm

Nurtured Heart Approach in English



This group is a space for parents and guardians to connect and address their concerns, questions, and feelings about raising a child with a variety of special needs, especially, behavioral, emotional and mental health challenges.

FSOEC works closely with community partners to identify and link individuals and their families to appropriate community resources. We provide a supportive environment where parents help parents learn new strategies to effect positive change in their families and create long lasting relationships.

[Nurtured Heart Approach Zoom Link](#)

August 25th, 6:30pm-8:00pm

Better Together Dads Support Group



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